



UH Office of Sustainability's

# Green Living Guide

## Reduce, Reuse, Recycle

- Use the blue recycling balls in your residence halls to recycle your paper, cardboard, metals, plastic items and glass
- Save money and thrift for furniture items that you might require
- Donate any food items to Cougar Cupboard

## Engagement and Awareness

- Speak to your RAs to organize sustainability focused events and activities
- Participate in the annual Cougar Move-Out Donation event in April
- Speak to the Office of Sustainability to host a Sustainability and Recycling Training

## Energy and Water

- Turn off water faucets when not in use
- Utilize the water fountains on campus to fill up reusable water bottles
- Turn lights off when leaving a space
- Unplug devices when not in use to avoid wasting electricity



**Campus Recycling**

**RECYCLE THESE ITEMS**

Plastic	Paper and Cardboard	Glass	Metal

Containers to be emptied and rinsed. Cardboard to be folded.

**TRASH THESE ITEMS**

Food • Take-out Containers • Food Wrappers  
Disposable Utensils • Styrofoam  
Plastic Bags • Plastic Straws

*\*Look for these signs to recycle*

