

COLLEGE OF LIBERAL ARTS AND SOCIAL SCIENCES
Bachelor of Science
Human Nutrition and Foods – Nutrition and Fitness Track
Four-Year Academic Map 2020-2021

YEAR 1	Semester 1 Fall			Semester 2 Spring			Total	
	ENGL 1303	First Year Writing I*	3	ENGL 1304	First Year Writing II*	3		
	HIST 1376/1377	The United States to 1877*	3	HIST 1378/1379	The United States since 1877*	3		
	POLS 1336	U.S. and Texas Constitution & Politics*	3	POLS 1337	U.S. Government*	3		
	MATH 1310	College Algebra*	3	MATH 1330	Precalculus*	3		
	BIOL 1334	Human Anatomy & Physiology I	3	BIOL 1344	Human Anatomy & Physiology II	3		
	BIOL 1134	Human Anatomy & Physiology I Lab	1	BIOL 1144	Human Anatomy & Physio. II Lab	1		
	Semester Hours			16	Semester Hours			16

YEAR 2	Semester 1 Fall			Semester 2 Spring			Total	
	CORE	Creative Arts*	3	CORE	Language, Philosophy & Culture*	3		
	CORE	Writing in the Disciplines*	3	MATH 2311	Introduction to Probability & Stats	3		
	KIN 1304	Public Health Issues in Physical Activity & Obesity*	3	Elective	1000-4000 level course	1		
	KIN 1352	Foundations of Kinesiology, Health, & Fitness	3	NUTR 2332	Introduction to Human Nutrition	3		
	CHEM 1331	Fundamentals of Chemistry I*	3	CHEM 1332	Fundamentals of Chemistry II*	3		
	CHEM 1111	Fundamentals of Chemistry I Lab	1	CHEM 1112	Fundamentals of Chemistry II Lab	1		
	Semester Hours			16	Semester Hours			14

YEAR 3	Semester 1 Fall			Semester 2 Spring			Total	
	NUTR 3334	Advanced Nutrition	3	KIN 3306	Physiology of Human Performance	3		
	NUTR 3336	Nutritional Pathophysiology	3	NUTR 4334	Community Nutrition	3		
	NUTR	Approved NUTR Advanced Elective	3	NUTR	Approved NUTR Advanced Elective	3		
	KIN	Approved KIN Advanced Elective	3	KIN	Approved KIN Advanced Elective	3		
	BIOL 1353	Pre-Nursing Microbiology	3	BS Formal Science	Mathematics/Reasoning	3		
	BIOL 1153	Pre-Nursing Microbiology Lab	1					
Semester Hours			16	Semester Hours			15	31

YEAR 4	Semester 1 Fall			Semester 2 Spring			Total	
	NUTR 4345	The Obesity Epidemic						
	OR	OR			Measurement Techniques in Human Performance	3		
	KIN 4303	The Obesity Epidemic	3	KIN 4310	Public Policy in Nutrition	3		
	NUTR	Approved NUTR Advanced Elective	3	NUTR 4349	Approved KIN Advanced Elective	3		
	NUTR	Approved NUTR Advanced Elective	3	KIN	Approved KIN Advanced Elective	3		
	KIN	Approved KIN Advanced Elective	3	KIN	Approved KIN Advanced Elective	3		
	KIN	Approved KIN Advanced Elective	3					
Semester Hours			15	Semester Hours			12	27
							120	

*State of Texas Core Curriculum

Students should meet with their academic advisor to formulate their own plan.