

Update using SEVP Portal

Log in to your SEVP Portal and review your information to ensure it is accurate and up to date. You can directly update your home address, phone number, and employment information (for post-completion OPT students only). Make sure all changes are saved before exiting the portal.

The screenshot shows the SEVP Portal interface for a user named Shasta Cougar. The profile information includes:

- Name:** Cougar, Shasta
- Education Level:** BACHELOR'S
- Visa Type:** F-1
- Campus Site:** University of Houston-System
- Student ID:** [REDACTED]
- Program Dates:** 08/11/2025 - 05/15/2029
- SEVIS ID:** N000000011
- SEVIS Status:** Active

The navigation menu at the top has three items: 1 Important Updates!, 2 Personal & Program, and 3 Control Center. The Control Center item is circled in red. A red arrow points from the Control Center item to a grid of service options. The grid includes:

- Change of Status from F-1 to Other Categories
- Contact Information Update** (circled in red)
- Degree Completion & Departure
- Dependent I-20 Request
- Dependent Information Delete
- Dependent Information Update

The main content area is divided into two columns. The left column contains:

- Ongoing Requests:** A table with columns for Request type, Request Status, and Last Modified Date. It lists three requests: OPT Request (Draft, 02/11/2026), Registration (Submitted, 08/29/2025), and I-20 Program Extension (Approved, 03/26/2025).
- Completed Requests:** A table with columns for Request type, Request Status, and Completed Date. It lists three dismissed requests: Check-In - F-1/J-1 (02/26/2026), OPT Request (02/11/2026), and OPT Request (02/11/2026).

The right column contains:

- Messages:** A section indicating "No pending messages."
- What can we help you with?:** A search bar and a grid of service options.

Update using Terra Dotta Portal

Log in to your Terra Dotta Portal and navigate to the Contact Information Update section and update your personal details.

Shasta Cougar - Contact Information Update Print X

1 Contact Information Update (Questionnaire)
Required *

Email Address * [?]
isssohlp@central.uh.edu

No phone numbers [?]

U.S. Phone Number [?] Foreign Country Code [?]
numeric data only: 0-9 /10 numeric data only: 0-9 /4

Foreign Phone Number [?]
numeric data only: 0-9 /20

U.S. Physical Address

U.S. Physical Address Line 1 * [?] U.S. Physical Address Line 2 [?]
4800 Calhoun Rd

City * [?] State * [?]
Houston TEXAS

Zip Code * [?] US Physical Address Override Code [?]
77004

US Physical Address Override Remarks [?]

U.S. Mailing Address

U.S. Mailing Address Line 1 [?] U.S. Mailing Address Line 2 [?]

City [?] State [?]

Zip Code [?] US Mailing Address Override Code [?]