

HUMAN RESOURCES
Spring into Financial Wellness!
Retirement Seminar for UH Faculty and Staff
M. D. Anderson Library, Elizabeth D. Rockwell Pavilion
Wednesday, May 27, 2026

SESSION SCHEDULE AND DESCRIPTIONS:

9:00 AM – 10:00 AM, SSA Pre-Retirement Presentation

Planning for retirement starts with understanding your Social Security benefits. Join a Social Security Administration Public Affairs Specialist for an informative presentation covering retirement eligibility requirements, benefit calculations, Medicare basics, spousal and survivor benefits, and the online tools available through a mySSA account. This session will provide valuable information to help you make informed decisions and confidently plan for your future.

10:00 AM – 11:00 AM, Voya – How Can Your Retirement Plan Help Your Tax Strategy Now and Later

Discover how the University's retirement savings options can play an important role in your overall financial and tax strategy. This informative workshop will explore the differences between pre-tax and Roth retirement contributions, including how each option may impact your taxes today and during retirement. Participants will gain valuable insights to help make informed decisions, maximize retirement savings opportunities, and build a stronger financial future.

11:00 AM – 12:00 PM, Fidelity – A Path to Financial Wellness

Take the next step toward a healthier financial future with this engaging and informative workshop focused on Fidelity's four pillars of financial wellness. Participants will learn practical strategies for managing money more effectively, building healthy financial habits, and creating a stronger foundation for long-term financial success. Whether you are just getting started or looking to improve your current financial plan, this session will provide valuable tools and insights to help you feel more confident about your financial future.

Sponsored Lunch Break

12:00 PM – 1:00 PM

1:00 PM – 2:00 PM, Corebridge Financial -- Your Future Starts Now

Take the path towards greater security in retirement. This presentation is designed to help you prioritize what goals you may need to focus on now to be able to live retirement the way you want. Learn what you need to know to blaze your own financial trail for the future!

PLEASE JOIN US. ADD THESE SESSIONS TO YOUR CALENDAR AND PLAN NOW TO ATTEND!