



Graduate School

Office of the Provost

October 17, 2022

Check out upcoming events and deadlines for graduate and professional students. New items are in **red** and the online version is available [here](#) under newsletter archive.

Upcoming Professional Development

Last chance to register:

The Graduate Student and Postdoc's Guide to Personal Finance (Virtual)

Are you ready to take the next step with your finances as a **graduate student receiving a stipend** or a postdoc? Do you want to learn how to allocate your money optimally, break the cycle of living paycheck to paycheck, increase your net worth even while in training, and properly report your income on your tax return? This webinar presents an 8-step framework to guide you from broke to financially secure to wealthy through saving, debt repayment, and investing and includes real-life examples of other graduate students and early-career PhDs finding financial success. Check your calendar and register [here](#) to reserve your spot!

Date/Time: Monday, October 17, 6-8 pm CT via zoom

3MT Competition: Don't forget to [register](#) for the 2022 UH 3MT competition by **October 24, 2022!** Preliminary/final rounds will be held on November 4/18, 2022 in the Student Center Theater. All participants will receive a free t-shirt and finalists will receive scholarship awards ranging from \$250-\$1000. Learn more about the UH 3MT competition [here](#) and also see the Sept. 24 training session [recording](#).

Quick links to resources:

[Cougar Cupboard](#)

[Counseling and Psychological Services \(CAPS\)](#)- watch this [video](#) to learn more.

[University Career Services](#)

[Graduate Student Ombuds](#)- watch this [video](#) to learn more.

Go COOGS!