



January 13, 2025

Happy New Year and Welcome to the Spring 2025 Semester!

This weekly newsletter from the UH Graduate School contains important information for graduate and professional students. Each week, new items are in **red**.

Last Call for Interdisciplinary Population Health Case Competition: Interdisciplinary teams of graduate students engage in intense rounds of competition. Event is Friday, Feb. 7, 12-2 pm, UH Law Center. Who is eligible? Graduate students in the latter stages of their degree programs. Apply [here](#) by January 15, 2025.

CIRTL Network Programming: Information about Center for the Integration of Research, Teaching and Learning (CIRTL) spring offerings for graduate students is available [here](#). Check out the Mindset to Mastery: The Inclusive Teaching Course or the Exploring Teaching Careers Series.

CIRTL Research Mentor Training (5-week virtual course offered by CIRTL). Tuesdays from 1:30-3 pm starting January 28 through Feb. 25). Students will develop their personal mentoring philosophy, learn how to articulate that philosophy across a variety of disciplines, and refine strategies for dealing with mentoring challenges. More information and registration [here](#) (Registration opens January 13, 2025 at 11 am; course is capped at 20 students).

Quick links to resources:

[Coogs Care](#)

[Cougar Cupboard](#)

[Counseling and Psychological Services \(CAPS\)](#)

[University Career Services](#)

[Graduate Student Ombuds](#)

[Parenting Students](#)

Don't forget to show your school spirit and wear **RED** on Fridays.

Go COOGS!