

# Parkinson Voice Project at the USLHC

# UNIVERSITY of HOUSTON

## The Benefits of the Parkinson Voice Project

### The Program

Nine out of ten people with Parkinson's disease are at risk of developing a weak voice that can lead to serious speech and swallowing difficulties.

Parkinson Voice Project developed an effective program that combines education, individual speech therapy (SPEAK OUT!), and group speech therapy (The LOUD Crowd) to teach individuals with Parkinson's to use intention (*speaking with intent*) when communicating.

Participants must be committed to completing daily home exercises.



## What are SPEAK OUT! and LOUD Crowd?

- SPEAK OUT! consists of individual speech therapy sessions conducted by a USLHC graduate clinician under the supervision of a licensed and certified speech-language pathologist. Together, the client and the clinician work their way through a series of speech, voice, and cognitive exercises.

- The LOUD Crowd consists of weekly group speech therapy sessions, and provides camaraderie, support, and ongoing vocal practice to help participants maintain the strength of their voices.

- For more information about the Parkinson Voice Project, visit:

<https://www.parkinsonvoiceproject.org/>

Individuals who participate in the Parkinson Voice Project, including SPEAK OUT! and The LOUD Crowd, have been shown to maintain the strength of their voice for more than five years, thereby increasing their ability to converse effectively with family and friends, talk on the phone, and order food at a restaurant.

## Do You Need an Evaluation?

- Do people ask you to repeat?
- Does your voice sound hoarse, scratchy, or breathy?
- Does your family say you speak too softly?
- Do you clear your throat often?
- Is your voice strong on some days, weak on others?
- Do you cough when you eat or drink?



### PARKINSON VOICE PROJECT'S THERAPY PROGRAM



# SEEK SERVICES

## Registration Required

Call 713-743-0915 to register or email Michele Ozgen at [uslhc@uh.edu](mailto:uslhc@uh.edu). The Clinical Educator, Danielle Devore, can be reached by email at [drdevore@central.uh.edu](mailto:drdevore@central.uh.edu)

## Fees

Sliding scale based on income

## Schedule

Varies — Approximately 12 weeks in the Fall and Spring terms

## Who is Eligible

Individuals who have been diagnosed with Parkinson's disease.

## Location

The University Speech-Language-Hearing Clinic — Main UH Campus

*Equitable Treatment Services at the USLHC are available to all people, regardless of gender expression and identity, ethnicity, race, sexual orientation, age, disabilities, religious beliefs, and socioeconomic status.*


 [facebook.com/USLHC/](https://facebook.com/USLHC/)


 [@UHCOMD](https://www.instagram.com/UHCOMD)




# FIND USLHC

The University Speech-Language-Hearing Clinic is located at UH Entrance 8, in the Clinical Research Services building.

 4455 Cullen Boulevard, Rm 100  
Houston, TX 77204-6018

 713-743-0915

 [www.uh.edu/class/comd/slhc](http://www.uh.edu/class/comd/slhc)

## SERVICES OFFERED AT USLHC

### Child Speech & Language

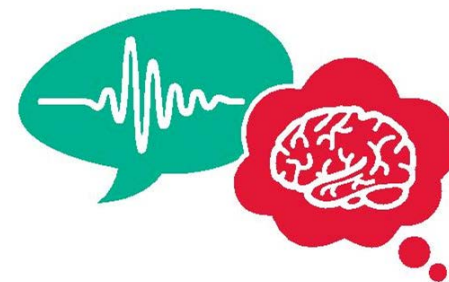
- Pre-K Language Learning Group
- Language Development
- Speech Sounds
- Apraxia
- Fluency
- Autism
- Social Skills

### Adult Speech, Language, & Cognition

- Aphasia
- Post Stroke Communication Group
- Parkinson's Voice Project
- Transgender Voice
- Fluency
- Accent Modification

### Hearing Services

- Audiological Evaluations
- Hearing Aid fittings
- Cochlear Implant Evaluation and Activation
- Aural Rehabilitation



**USLHC** UNIVERSITY  
**SPEECH-LANGUAGE-HEARING**  
**CLINIC**

*A United Way agency*



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